

HOPE Virtual Parent Support

After School Restraint Collapse



Tues 27th Feb 7pm & Thurs 29th Feb 10am

Does your child hold his feelings in all day at school and feels safe to release them as soon as you are home ?

- Understanding after school restraint collapse and why it happens
- Ideas to support your child
- Managing your emotions
- Useful resources

Hopeful
Encouraging
Validating

Reassuring
Insightful
Caring

Time for chat and questions

Feel free to listen off camera and mic

HOPE Parent Support Sessions;

a safe place to find information, chat and learn from each other through shared experience.

To find out more contact your HOPE mentor in school or Keddie on 07508 176043

keddieHOPE2021@outlook.com

Register HERE



SCAN ME



<https://us02web.zoom.us/meeting/register/tZwsde6gqT0jG9Z1P-U0lckA4Y7KBzYDihxU>