



WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Cheese and Tomato Pizza 🌱
Served with Potato Wedges

Classic Beef Burger
Served with Potato Wedges

Chicken, Vegetable and Mash Pie 🌱
Served with Gravy

Beef Bolognese 🌱
Served with Wholewheat Pasta and Garlic and Herb Bread

Breaded Fish Fingers
Served with Chips

Stir Fried Vegetable Rice 🌱 🌱

Vegetarian Burger
Served with Potato Wedges

Vegetable Pastry Roll 🌱
Served with Mashed Potato and Gravy

Vegetarian Bolognese 🌱 🌱
Served with Wholewheat Pasta and Garlic and Herb Bread

Crispy Quorn Nuggets 🌱
Served with Chips

JACKET POTATO

Jacket Potatoes 🌱 🌱
with a choice of hot and cold fillings

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Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌱

All main meals are served with two vegetables

DESSERT

Chocolate Sponge with Chocolate Custard

Crispy Crackle Bar with Fruit 🌱

Carrot, Orange and Sultana Slice 🌱

Original Flapjack

Vanilla Ice Cream

PACKED LUNCH AVAILABLE

Ham and Cheese and Tuna sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 **Vegetarian** 🐟 **Oily Fish** 🌾 **Wholegrain**
🍏 **Fruity!** 🍓 **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

MONDAY

Cheese and Tomato Pizza 🌱
Served with Potato Wedges

Vegetarian Cottage Pie 🌱
Served with Gravy

Jacket Potatoes 🌱
with a choice of hot and cold fillings

TUESDAY

Turkey Con Chilli 🌱
Served with Wholegrain Rice

Macaroni Cheese 🌱

Jacket Potatoes 🌱
with a choice of hot and cold fillings

WEDNESDAY

Roast Beef
Served with Roast Potatoes and Gravy

West African Vegetable Rice 🌱

Jacket Potatoes 🌱
with a choice of hot and cold fillings

THURSDAY

Sausage Pasta Bake 🌱
Served with Garlic and Herb Bread

Vegetarian Sausage Pasta Bake 🌱
Served with Garlic and Herb Bread

Jacket Potatoes 🌱
with a choice of hot and cold fillings

FRIDAY

Breaded Fish Fingers
Served with Chips

Crispy Quorn Nuggets 🌱
Served with Chips

Jacket Potatoes 🌱
with a choice of hot and cold fillings

HOT SPECIALS

JACKET POTATO

Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱

All main meals are served with two vegetables

DESSERT

Apple Crumble with Custard 🌱

Crunchy Chocolate Biscuit

Chocolats and Vanilla Marble Cake

Chocolate Shortbread with Fruit 🌱

Strawberry Ice Cream

PACKED LUNCH AVAILABLE

Ham and Cheese and Tuna sandwich available daily
with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread,
yoghurt & fresh fruit

🌱 **Vegetarian** 🐟 **Oily Fish** 🌿 **Wholegrain**
🍏 **Fruity!** 🍓 **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheese and Tomato Pizza 🌱
Served with Potato Wedges

Cottage Pie 🌱
Served with Gravy

Roast Pork
Served with Roast Potatoes and Gravy

Chicken and Vegetable Korma 🌱
Served with Wholegrain Rice

Southern Fried Chicken
Served with Chips

Chilli No Carne with Crispy Tortilla 🌱
Served with Wholegrain Rice

Vegetarian Lasagne 🌱
Served with Garlic and Herb Bread

Sweet Potato and Chickpea Roast 🌱
Served with Roast Potatoes and Gravy

Sweet and Sour Vegetables 🌱
Served with Wholegrain Rice

Crispy Quorn Nuggets 🌱
Served with Chips

Jacket Potatoes 🌱
with a choice of hot and cold fillings

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HOT SPECIALS

JACKET POTATO

Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱

All main meals are served with two vegetables

DESSERT

Magic Apple and Cinnamon Bake 🌱

Strawberry Jelly

Orange Drizzle with Fruit 🌱

Vanilla Sponge with Custard

Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE

Ham and Cheese and Tuna sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 **Vegetarian** 🐟 **Oily Fish** 🌾 **Wholegrain**
🍏 **Fruity!** 🥛 **Nutritionist's Choice**

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