

Subject Curriculum Overview– PSHE/RHE

Year group		Autumn (13wks to include 1 week for Christmas)		Spring (12wks)		Summer (12wks)	
EYFS – children will have access to resources to build skills through the continuous provision across the year.	THE BIG PICNIC – BAKE OFF/WELLBEING – CLASS/SCHOOL COMMUNITY	<p><u>You and Me</u> How can we share our school experiences with our families?</p> <p><u>You and Me</u></p>	<p><u>Cycle A - Let's Celebrate</u> How can we create a performance for our families? Nursery Reception,</p> <p><u>Cycle B Let's Celebrate</u></p>	<p><u>Cycle A - Let's Visit</u> How can we share with our families the places we would like to visit? <u>Cycle A – Ship Ahoy</u> How can we share the history and secrets of the sea?</p> <p><u>Cycle B – Say hello to community heroes</u> How can we say thank you to the people that help us? <u>Cycle B – It's a magical world</u> How can we transform an area of school into a magical world?</p>		<p><u>Cycle A – On Show</u> How to we tell our favourite stories to our friends and family?</p> <p><u>Cycle B – We Love Books</u> How can we tell people about our favourite book?</p>	
		<p><u>Being me in my World</u> Children will explore their self identity. They will learn about being in a classroom. They will understand feelings and about being gentle. They will also learn about rights and responsibilities.</p>	<p><u>Celebrating difference</u> Children will begin to identify talents and being special. They will learn about making friends and standing up for themselves. They will learn about where they live and their families.</p>	<p><u>Dreams and Goals</u> Children learn what a challenge is, how to set goals and the importance of persevering and overcoming obstacles. They will know who to go to if they need to seek help and will explore jobs.</p>	<p><u>Healthy Me</u> Children will learn how to exercise their bodies and be physically active. They will explore the need for sleep, healthy food, keeping clean and safety. Children will learn about the PANTS rule.</p>	<p><u>Relationships</u> Children will explore family life. They will explore friendships, breaking friends and falling out. They will learn about being a good friend and how to deal with bullying.</p>	<p><u>Changing Me</u> Children will learn about their bodies and how to respect it. They will learn about growing up and growth and change. They will also look at fun and fears and celebrations.</p>
Year 1 & 2 Cycle A & B		<p><u>Cycle A - We Are Family</u> How can we create a gallery of ourselves? <u>Cycle B - Sparks Will Fly</u> How can we teach our families to be safe at home?</p>		<p><u>Cycle A- Really Rural, Utterly Urban</u> How can we produce a locally sourced traditional breakfast for our family? <u>Cycle B -Healthy Heroes and Vile Villains</u> How can we share the impact of heroes past and present and inspire others to be heroes?</p>		<p><u>Cycle A - Feeling hot, hot, hot or cold, cold, cold!</u> How can we protect animals around the world? <u>Cycle B - Buckets, Spades and Umbrellas</u> How can we make a product to use at the beach?</p>	
		<p><u>Being me in the world</u> <u>Yr 1</u> Children will explore feeling special and what keeps them safe. They will understand what it is to be part of a class along with rights, responsibilities, rewards,</p>	<p><u>Celebrating difference</u> <u>Yr 1</u> Children will explore similarities and differences and celebrate the difference in everyone. They will look at how to make new friends and understand bullying and ways to deal with it.</p>	<p><u>Dreams and Goals</u> <u>Yr 1</u> Children will set goals and identify successes and achievements. They will understand the need to tackle new challenges and identifying and overcoming obstacles. <u>Yr 2</u></p>	<p><u>Healthy me</u> <u>Yr 1</u> Children will explore how to keep themselves healthy and make healthier lifestyle choices. They will learn how to keep themselves clean and that health and happiness are linked. They will also learn safety around</p>	<p><u>Relationships</u> <u>Yr 1</u> Children will explore what it means to belong to a family. They will look at being a good friend, looking for people's qualities and celebrating special relationships. They will look at people who help us.</p>	<p><u>Changing me</u> <u>Yr 1</u> Children will look at changes since they were a baby They will explore ways to cope with changes and their transition to Year 2. <u>Yr 2</u> Children will look at life cycles in nature. They will look at</p>

		<p>feeling proud and consequences.</p> <p>Yr 2</p> <p>Children will consider hopes and fears for the year along with rights, responsibilities, rewards and consequences. What makes a safe and fair learning environment and recognises feelings, valuing contributions and choices.</p>	<p>Yr 2</p> <p>Children will discuss assumptions and stereotypes about gender. They will understand bullying and how to stand up for themselves and others. They will continue to look at making and remaining friends.</p>	<p>Children will understand the need for perseverance in learning and co-operating with others. They will look at setting and achieving realistic goals.</p>	<p>medicines/household items and road safety. Children will learn about the PANTs rule, that some body parts are private and that their body belongs to them.</p> <p>Yr 2</p> <p>Children will learn how to make healthier choices and health eating including snack. They will also explore relaxation techniques and how to motivate themselves. Children will learn about the PANTs rule, that some body parts are private and that their body belongs to them.</p>	<p>Yr2</p> <p>Children will look at different types of families. They will explore conflicts in friendships and trust and appreciation. They will explore secrets and physical boundaries.</p>	<p>growing from young to old. They will explore assertiveness and prepare from their transition to year 3.</p> <p>Note: Yr 1 and Yr2 Jigsaw lesson 'Boys and Girl's Bodies' will not be taught.</p>
		<p><u>Coverage:</u></p> <p>Yr 1 C1.2, A1.10, C1.3, A1.6</p> <p>Yr 2 B1.4, B1.3, B1.5, C1.3, C1.2, C1.5, A1.6</p>	<p><u>Coverage</u></p> <p>Yr 1 A1.3, A1.10, A1.8. C1.11, A1.4</p> <p>Yr 2 C1.11, A1.10, A1.3, A1.9, C1.2</p>	<p><u>Coverage:</u></p> <p>Yr 1 A1/7, A1.9</p> <p>Yr 2 C1.1, C1.7,</p>	<p><u>Coverage:</u></p> <p>Yr 1 A1.13, A1.14, B1.12,B1.9, B1.11, B1.3, B1.13</p> <p>Yr 2 B1.8, B1.12, B1.10,B1.3,B1.4, A1.14, A1.13,</p>	<p><u>Coverage:</u></p> <p>Yr 1 A1.11, A1.2,A1.3, A1.5, A1.4, B1.5, B1.2</p> <p>Yr 2 A1.1, A1.2,A1.4</p>	<p><u>Coverage:</u></p> <p>Yr 1 B1.1, B1.3,B1.4</p> <p>Yr 2 B1.1, B1.3, B1.4, B1.2</p>
<p>Year 3 & 4 Cycle A & B</p>		<p>Cycle A - Around the World in 80 Beats How can we represent music from around the world?</p> <p>Cycle B - Catastrophe! How can we help those affected by natural disaster?</p>		<p>Cycle A - Deep Water How can we have a positive impact on our waterways?</p> <p>Cycle B - Time Traveller - Meet the Artists How can we communicate the journey of art over time?</p>		<p>Cycle A - It's All Greek to Me How can we celebrate sporting traditions of the past?</p> <p>Cycle B - The Toymaker's Apprentice How can we create a toy to encourage communication between younger children?</p>	
		<p>Being me in my World</p> <p>Yr 3</p> <p>Children will explore their self identity and self worth, look at rules, rights and responsibilities, along with rewards and consequences. They will learn how to make responsible choices and seeing things from other people's points of view. They will set personal</p>	<p>Celebrating difference</p> <p>Yr 3</p> <p>Children will look at families and their differences and how to manage family conflict (child-centred). They will develop their understanding of how words can be hurtful and witnessing bullying and how to solve it as well as giving and receiving compliments.</p>	<p>Dreams and goals</p> <p>Yr 3</p> <p>Children will look at difficult challenges and achieving success. They will consider dreams and ambitions and how to motivate themselves. They will recognise and try to overcome obstacles and evaluate the learning process. They will also look at managing their feelings and simple budgets.</p> <p>Yr 4</p>	<p>Healthy me</p> <p>Yr 3</p> <p>Children will look at the impact of exercise and set fitness challenges. They will learn about food labelling and healthy swaps and look at health and safe choices. They will explore attitudes towards drugs and the importance of keeping themselves safe both on and off line and discuss scenarios. They will develop</p>	<p>Relationship</p> <p>Yr 3</p> <p>Children will learn about family roles and responsibilities. They will look at keeping safe online and who to go to for help. They will learn about friendship and negotiation and become more aware of how their choices affect others. They will learn about global citizenship.</p> <p>Yr 4</p>	<p>Changing me</p> <p>Yr 3</p> <p>Children will look at family stereotypes and how to challenge their ideas. They will prepare for their transition of year 4. They will understand what a baby needs and how a baby grows.</p> <p>Yr 4</p> <p>Children will explore their uniqueness. They will explore environmental</p>

	<p>goals and look at positivity in challenges.</p> <p>Yr 4</p> <p>Children will be part of a class team and a school citizen. They will learn about rights, responsibilities and a democracy, group decision making and having a voice. They will develop their understanding of rewards and consequences and look at what factors motivate behaviour.</p>	<p>Yr 4</p> <p>Children will begin to challenge assumptions and accept themselves and others and explore judging on appearances and identifying how special and unique everyone is. They will develop their understanding of influences, bullying and problem solving.</p>	<p>Children will explore hopes and dreams and overcoming disappointment. They will create new, realistic dreams and look at achieving goals. They will collaborate with others and celebrate contributions. They will look at resilience and how a positive attitude can impact.</p>	<p>their understanding of respect for themselves and others.</p> <p>Yr 4</p> <p>Children will explore healthy friendships and group dynamics and develop their assertiveness and understanding of peer pressure. They will also learn about the effects of smoking and alcohol.</p>	<p>Children will develop their understanding of jealousy and strategies to help when they are falling out. They will understand more about girlfriends and boyfriends. They will also explore love and loss and memories of loved ones and learn how to show appreciation of people and animals.</p>	<p>changes, learn how to accept change and prepare for their transition to Yr 5.</p> <p>Note in Yr 3 Jigsaw lessons 'Outside body changes and Inside body changes' will not be taught.</p> <p>Yr 2 Jigsaw lesson 'Boy's and girl's bodies can be taught.</p> <p>In Yr 4 Jigsaw lesson 'Having a baby' will not be taught</p>
	<p>Coverage:</p> <p>Yr 3</p> <p>C2.2, C2.3, A2.9, A2.3</p> <p>Yr 4</p> <p>C2.4, C2.5, C2.3, C2.7, A2.7, A2.6, A2.8</p>	<p>Coverage:</p> <p>Yr 3</p> <p>A2.1, A2.2, A2.10, B2.8</p> <p>Yr 4</p> <p>C2.11, C2.12, B2.8, A2.10, A2.9</p>	<p>Coverage:</p> <p>Yr 3</p> <p>B2.3, B2.5, B2.6, C2.1, C2.2, C2.8, C2.9, C2.10</p> <p>Yr 4</p> <p>A2.7, C2.1, C2.5, B2.3, B2.6</p>	<p>Coverage:</p> <p>Yr 3</p> <p>B2.9, B2.10, B2.11, B2.12, B2.7, B2.14, A2.11, A2.13</p> <p>Yr 4</p> <p>A2.6, A2.8, A2.3, A2.4, A2.5, A2.14, B2.14</p>	<p>Coverage:</p> <p>Yr 3</p> <p>A2.1, A2.2, A2.11, A2.12, C2.6, 2.5, A2.3, A2.4, A2.5</p> <p>Yr 4</p> <p>A2.4, A2.6, A2.8, B2.6, B2.1</p>	<p>Coverage:</p> <p>Yr 3</p> <p>A2.2, A2.1, B2.1, B2.2</p> <p>Yr 4</p> <p>B2.1, B2.2, B2.3, C2.11, C2.5</p>
Year 5 & 6 Cycle A & B	<p>Cycle A - Space Infinity!</p> <p>Can we code to create a space game?</p> <p>Cycle B - Lest We Forget</p> <p>Can we transform an area of our community through 3 dimensional art so that we remember fallen heroes?</p>		<p>Cycle A - Food v Man</p> <p>Can we promote fairtrade through a healthy tuckshop?</p> <p>Cycle B - The Power of Words - Literature Focus</p> <p>Can we create an ibook to share with a partner school?</p>		<p>We Are Britain – Castle Attack! (Y5 only)</p> <p>Can we engineer a piece of equipment to attack a castle?</p> <p>Let Us Entertain You (Y6 only)</p> <p>Can we entertain an audience?</p>	
	<p>Being me in my World</p> <p>Yr 5</p> <p>Children will have the opportunity to plan for the year ahead. They will develop their understanding of rights and responsibilities and rewards and consequences. They will explore how behaviour affects groups and learn about democracy, having a voice and participating.</p> <p>Yr 6</p> <p>Children will identify their goals for the year. They will develop their</p>	<p>Celebrating Difference</p> <p>Yr 5</p> <p>Children will explore cultural differences and how they can cause conflict (including racism) and learn to enjoy and respect other cultures. They will look at rumours and name calling and different types of bullying. They will also explore material wealth and happiness.</p> <p>Yr 6</p> <p>Children will explore perceptions of normality. They will look at inclusion</p>	<p>Dreams and Goals</p> <p>Yr 5</p> <p>Children will explore future dreams. They will consider the importance of money and different jobs and careers, including their dream job and how to get there. They will also explore motivation, supporting others and goals in different cultures.</p> <p>Yr 6</p> <p>Children will set personal goals for in and out of school. They will consider SC and emotions to success. They will extend their understanding of motivation and recognising</p>	<p>Healthy Me</p> <p>Yr5</p> <p>Children will further develop their understanding of the impact of alcohol (including it's link to anti-social behaviour) and smoking (including vaping). They will explore their body image and their relationship with food and how to make healthy choices. They will also learn about emergency aid and consider motivation and behaviour.</p> <p>Yr 6</p> <p>Children will understand the need to take personal</p>	<p>Relationships</p> <p>Yr 5</p> <p>Children will understand the need for self recognition and self-worth and learn how to build their self esteem. They will learn about rights and responsibilities online and recognise the need for safer online communities. They will explore online gaming and gambling. They will consider how to reduce screen time, the dangers of online grooming and internet safety rules (SMARRT)</p> <p>Yr 6</p>	<p>Changing me</p> <p>Yr 5</p> <p>Children will explore self and body image and the influence of the media/online on this. They will understand changes made to their body during puberty. They will consider growing responsibility and prepare for their transition of Yr 6.</p> <p>Yr 6</p> <p>Children will continue to explore body and self image. They will learn about puberty and their feelings. They will consider physical attraction, respect and sexting.</p>

		<p>understanding of children’s right and being a global citizen. They will look at the importance of feeling welcomed and valued and will develop their understanding of group dynamics. They will also explore choices, consequences and rewards, anti-social behaviour, role modelling and democracy.</p>	<p>and exclusion, differences and conflict. They will develop their understanding of disabilities and their empathy skills. They will also learn about power struggles and further develop their understanding of bullying.</p>	<p>achievements, including compliments. They will also look at how they can make a difference in the world.</p>	<p>responsibility for choices. They will explore how substances affect the body. They will learn about exploitation, including ‘county lines’ and gang culture. They will also explore emotional and mental health and ways of managing stress.</p>	<p>Children will explore how to identify mental health worries and where they might find sources of support. They will explore love and loss. They will explore ways of managing their feelings, how to be assertive and power and control. They will also consider the need to take responsibility with technology use and develop their understanding of being safe when using technology.</p>	<p>They will also learn about moving forward in their next step of education (transition to secondary school).</p> <p><u>Note: In Yr 5 Jigsaw lesson ‘Girls and puberty’ and ‘Boys ‘n’ puberty’ amber teaching notes are not to be used. Animation used will be animation A/E</u></p> <p><u>These 2 sessions will be taught in same sex class groupings wherever possible.</u></p> <p><u>Conception lesson is not taught</u> <u>Yr 6 Jigsaw lesson ‘Babies, conception to birth’ is not taught.</u></p> <p><u>Further adapted resources needed for Menstruation worry cards, Boys ‘n’ Puberty quiz.</u></p>
		<p><u>Coverage:</u> <u>Yr5</u> C3.2, C3.3, C3.4,C3.6</p> <p><u>Yr 6</u> C3.8, C3.5, C3.4, C3.3, C3.1, C3.2</p>	<p><u>Coverage:</u> <u>Yr5</u> C3.12, C3.13,A3.9, A3.9, A3.4,A3.3, C3.9, B3.9</p> <p><u>Yr 6</u> C3.13, c3.12 A3.10, A3.8, A3.6, A3.5</p>	<p><u>Coverage:</u> <u>Yr 5</u> C3.9, C3.1, B3.3, C3.10, C3.7</p> <p><u>Yr 6</u> C3.7,C3.6, C3.8, C3.10, B3.3</p>	<p><u>Coverage:</u> <u>Yr 5</u> B3.13, B3.11, B3.12, B3.17, B3.1, B3.3, B3.10</p> <p><u>Yr 6</u> B3.1, B3.4, B3.13, B3.14, A3.13, , A3.5, A3.14</p>	<p><u>Coverage:</u> <u>Yr 5</u> A3.6, A3.9, A3.7, A3.11, A3.12, A3.14</p> <p><u>Yr 6</u> B3.7, B3.6, B3.5, B3.4, B3.3,B3.2, A3.11, A3.1, A3.14,</p>	<p><u>Coverage:</u> <u>Yr 5</u> B3.8, B3.19, B3.2</p> <p><u>Yr 6</u> B3.18, B3.19, B3.2, A3.6, B3.8</p>