

# HOPE Virtual Parent Support

## Supporting your Child through Bereavement



**Tues 15th March 7pm / Thurs 17th March 10am**

- ⇒ Understanding the grief process for a child/young person
- ⇒ How to prepare a child for an expected bereavement
- ⇒ Resources and sign posting information
- ⇒ Managing your own grief while supporting your family

What a wonderful project, amazing advice, thank you!

These sessions are really useful and very re-assuring

## HOPE Parent Support Sessions;

**a safe place to find information, chat and learn from each other through shared experience.**

To find out more contact your HOPE mentor in school or Keddie on 07508 176043

keddieHOPE2021@outlook.com

**Register HERE**



SCAN ME



<https://us02web.zoom.us/meeting/register/tZwsde6gqT0jG9Z1P-U0lckA4Y7KBzYDihxU>