

Being a parent can be challenging especially when our children are struggling with their emotional well-being. We often think we're getting it wrong, feel alone and have no where to turn.



Join HOPE zoom parent support sessions; a safe place to find information, chat and learn from each other through shared experience.

Tues 15th June 7.00pm or Thurs 17th June 10.00am

Separation, Divorce and Co-parenting

Supporting children through separation and understanding their emotions.

Navigating the challenges of co-parenting and the impact on the family.

You don't need to be on camera or speak, you can use the chat facility or just listen

To find out more contact your HOPE mentor in school or Keddie on 07508 176043

keddieHOPE2021@outlook.com

Or register:

<https://us02web.zoom.us/meeting/register/tZwsde6ggT0jG9Z1P-U0lckA4Y7KBzYDihxU>



SCAN ME

HOPE
Helping
our PUPILS'
Emotions