



# HOPE Project Support for Parent/Carers:

for parents/carers worried  
about their child's mental health

You are  
not alone



The school-based HOPE Project is offering ONLINE advice/ support to parent/carers via [Zoom](#).

As a project team of parents, school staff & mental health practitioners, HOPE will offer a safe virtual space to give you reassurance, advice & support. It is a group in development so your ideas/ suggestions are welcomed. [Register on Zoom here](#), attend any or all of the sessions.

