**Family Support Service by SCTSP in Partnership with Staffordshire County Council**

**STAFFORD**

**ONLINE BEHAVIOUR WORKSHOPS & WELLBEING PROGRAMMES**

**Online Understanding and Managing Anger and Defiance in Children and Young People**

**(Parent Only)** Please choose one of the following dates and times:

**Wednesday 9th September: 9.30-10.30 or**

**Wednesday 16th September: 6-7pm**

**Online Understanding and Managing Anxious Behaviour and Low Self Esteem in**

**Children and Young People (Parent only)**

Please choose one of the following dates and times:

**Wednesday 23rd September: 9.30-10.30 or**

**Wednesday 30th September 6-7pm**

**4- week Online Parent Wellbeing Programme**

**Start date: Monday 7th September**

**Time: 1-2pm**

**Helping Children to Understand and Manage Anger and Difficult Feelings**

**A workshop for Children and Parents to do together**

**Saturday 19th September 2020**

**Times: 10-11am**

To book your place please contact:

Email: raminderdhaliwal.fss@sctsp.org.uk or text/phone: 07741645691. Once you have booked onto you will be sent instructions on how to access the Workshop/Programme. 