

Dear parent/carer,

We are pleased to announce that the NSPCC's *Speak out. Stay safe* programme will be working with Rowley Park Academy to ensure our pupils have the knowledge and understanding they need to stay safe from abuse.

As you are already aware, the NSPCC is a leading children's charity, who'll be delivering their *Speak out. Stay safe.* programme on **Friday 18th January**. This is a nationwide programme for every primary-school-aged child in the UK and staff will be presenting an assembly to the children in our school as well as delivering workshop for pupils in **year 5 and year 6**.

What is the *Speak out. Stay safe* programme?

Through child-friendly, interactive assemblies and workshops specially trained NSPCC staff and volunteers will give the children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and abuse, without using scary words or adult language.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from abuse – without using scary or inappropriate words.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

If you would like further information about the assemblies or the year 5/6 workshops, please free to ask.

Yours sincerely,

Miss Stubbs

DHT/DSL