

NICER Curriculum: Home Learning Challenges

Year Group: 1

Challenge Pack: *The Jolly Greengrocer*

Challenge: *How can we create a healthy food festival for our families?*

Outcome: *Healthy Food Festival*

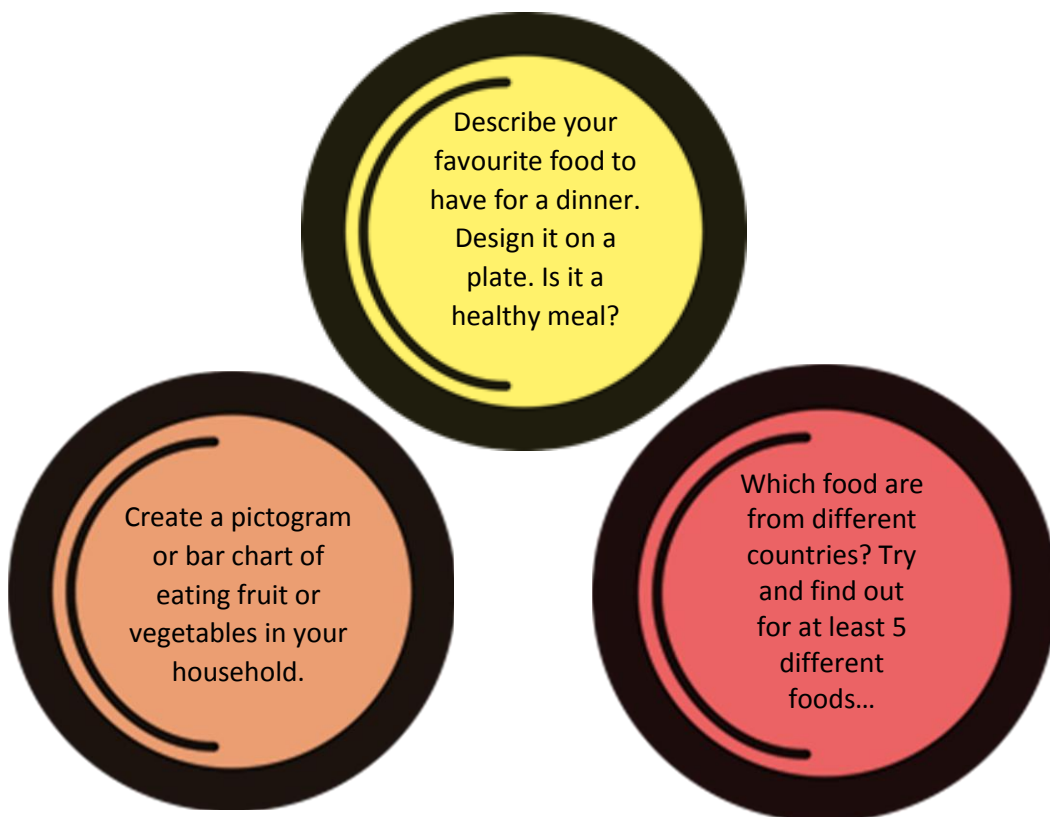
How Hungry are you for a Home Learning Challenge? How many Challenge dishes will you choose?

Choose which Home Learning Challenges you would like to complete from the Menu of Dishes below.

How Hot do you like your Meal?! The hotter the dish you chose, the more challenging it will be! Yellow: Warm, Orange: Medium, Red: Hot

Small Dish Challenges

You could chose to complete just 2 of these, or more, or chose 1 to start you off before moving on to a Large Plate Challenge!



Large Plate Challenges

You could chose to complete just 1 of these spending a number of weeks on this and building up your learning every time!



| <i>Name:</i> | | <i>Class:</i> | |
|--|--|---|--|
| Small Dishes | | Large Plates | |
| Describe your favourite food to have for a dinner. What do you like to eat? Design it on a plate. Is it a healthy meal? | | Plant a seed in a pot and look after it so it grows. What does it need? Take photos or make drawings of it and how it gets bigger each week, recording your findings. | |
| Create a pictogram or bar chart of eating fruit or vegetables in your household. Find out who likes the healthiest things! Create a column for each member of your household and add up who likes the most fruit and vegetables. | | Think about making a healthy picnic for someone going on a day out to the countryside. What could they put in their picnic? Will they have sandwiches? And what will be in them? Will there be fruit? Or a dessert? Put your picnic together (this could be models or drawn, or the real thing) and describe what you have included in your picnic. Would you say it was a healthy lunch? | |
| Which food are from different countries? Try and find out where at least 5 different foods come from, and see if they are from different places in the world. | | Research some famous dishes from 5 different countries in the world. What ingredients do these dishes use? Write a shopping list for at least one of these dishes that you like the sound of. Would you say this was a healthy meal? Why do you think this is? | |

Which dishes have I chosen?

What have I completed and created?

How have I found completing the Challenge Pack Homework?