

NICER curriculum | PE Overview - EYFS and KS1



	Autumn		Spring	Summer
N	You and Me <i>Can we show and tell?</i> What can we do with our bodies?		It's a Small World <i>How can we dress our toys and teddies?</i> How can we move like our toys and teddies?	A Whole New World <i>Where might we travel in the world?</i> How can we dance to world music?
R	A Big Adventure <i>How can we create a resource pack to tell someone everything they need to know about our big adventure</i> Children will undertake composing and performing simple dance moves.	A New Adventure <i>Create a puppet show</i>	A Real World <i>How can we tell a story?</i> Action animals and games Gingerbread assault course Balance and move confidently	A Magical World <i>How can we explore our forest school and make it really magical?</i>
1		Far Far Away <i>How can the three Billy goats gruff get to their field without crossing the bridge and meeting the troll?</i> EYFS Programme of study - transition	The Jolly Farmer <i>How can we create a healthy food tasting festival for our families?</i> Children will undertake exploring and developing initial sending and receiving skills through active games.	Buckets and Spades <i>Plan and design a gallery that brings the seaside to the city</i> Children will undertake skill development in control of the body to jump, run and throw with athletic equipment.
2		Sparks will Fly <i>How can we tell the story of fire creatively?</i> Children will undertake skill development to perform simple gymnastic sequences involving control and balance and will learn to perform short dance routines to show feelings.	Up, Up and Away <i>How can we make something fly?</i> Children will undertake an introduction to tactics and spatial awareness during invasion games. They will develop control and co-ordination of the body to perform running, jumping and throwing during athletic activities.	The Really Rural Show <i>How can we recreate the countryside in our environment?</i> Children will undertake skill development to improve co-ordination and quality of the awareness of space during games activities.



3	<p>Children will undertake skill development in performing dance patterns and moves with partners and small groups.</p>	<p>Around the World in 80 Beats <i>Compose an album of songs of the world</i></p> <p>Children will undertake skill development in the consolidation of gymnastic movements and body shapes.</p>	<p>A Day at the Museum <i>How can we run our own pop-up museum?</i></p> <p>Children will partake in an introduction to Greek style dances and rhythms for expressive dance.</p> <p>They will work on improving accuracy for passing and receiving during invasion games.</p>	<p>Dinosaur Stomp! <i>How can we bring dinosaurs back to life through dance?</i></p> <p>Children will work on improving overall co-ordination during relay running and hurdle jumping events; and an introduction to confidence and teambuilding skills.</p>
4	<p>Children will undertake skill development in co-ordination, interpretation and expressive dancing.</p> <p>They will also work on travelling and balancing on, over and across apparatus.</p>	<p>Bolts n' Bones <i>Create an animation to show how the body works</i></p> <p>Children will undertake skill development through performing gymnastic sequences and combinations.</p> <p>They will develop the ability to show characterisation during Asian dance routines.</p>	<p>Time Traveller <i>How can you produce a short movie on the history of the world?</i></p> <p>Children will work on the development of confidence and competence during swimming sessions.</p> <p>Children will practice hand-eye co-ordination, movement and spatial awareness during invasion games.</p>	<p>Crazy Contraptions <i>Can we design and make a product which solves a problem?</i></p> <p>Children will work on the consolidation of sending and receiving skills during small court games.</p> <p>Children will work on the development of running, jumping and throwing skills with athletics activities.</p>
5	<p>Children will undertake skill development in developing a better understanding of space for sending and receiving.</p> <p>They will also work on creating and combining movements for a gymnastic sequence.</p>	<p>Pillars and Drains <i>How can we help the community?</i></p> <p>Children will focus on improving combinations and movements for a gymnastic sequence on, over, along and across apparatus.</p> <p>They will also work on transferring knowledge and understanding of strategies and techniques for invasion games.</p>	<p>Food v Man <i>How can we set up a healthy tuck shop to run in the school?</i></p> <p>Children will focus on developing personal styles and how to adapt to different stimuli.</p> <p>They will also work on the development of tactical awareness and how to use during different games activities.</p>	<p>Castle Attack! <i>How can you design an attack proof castle?</i></p> <p>Children will focus on the development of confidence and competence during swimming sessions and building on previous achievement.</p> <p>They will also develop their ability in the set up and develop running, jumping and throwing activities independently.</p>
6	<p>Children will undertake skill development in imitating traditional styles of dance and movement to create a theme.</p> <p>They will also work on demonstrations of tactical awareness and how to apply the skills during different games activities.</p>	<p>Super Sudz <i>How can we design and produce organic soap?</i></p> <p>Children will work on creating combinations and movements for a gymnastic sequence with balances and travelling on, over, along and across apparatus.</p> <p>They will undertake demonstrations of tactical awareness and how to apply the skills during different games activities.</p>	<p>Goblins and Ghouls <i>Create our own chronicles</i></p> <p>Children will be combining all skills and tactics showing collaboration and understanding.</p> <p>They will be improving and enhancing in their confidence and teambuilding skills through collaboration and trust.</p>	<p>The Final Countdown <i>How can we set up a VPA events promotion company?</i></p> <p>Children will make critical adjustments and decisions for extending and improving running, jumping and throwing activities.</p> <p>Children will work to choreograph and compose individual dance styles to adapt for the final performance.</p>